



# Celebrating 10 years on Hutt Street



2006 - Juniors Strip Presentation

This year Adelaide City Women's Football Club will be celebrating 10 years on Hutt Street. Throughout this years newsletters we will be explaining the history of Adelaide City WFC and the success it has had since its inception in 1997 and also the developments the club has made since moving to our home grounds on Hutt Street.

What you can also look forward to are some fun photos we have found in the archives as well as interviews with past and present players, coaches and club members to see where they are now.

We will be also completing a special 'Kanga Cup Tribute' section which was a very special and memorable time for everyone who was involved in this. This will surely bring back some happy memories!!

We hope you enjoy the special sections we include and if you have any special memories or photos you would like us to include please contact Kim McColl or Gill Kette and we will be happy to include anything in the next available newsletter issue.



1997 - Division 3 - 1st Team EVER!!



1999 - Our First Premier League

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## CLUB HISTORY - The First 5 Years...

The club was established in 1997 by the Adelaide City (Force) Football Club as part of its' national soccer league (NSL) commitment.

The club fielded a team in the third division of the South Australian Women's Soccer Association (SAWSA) and gained promotion by finishing second in its first season. A SAWSA official was heard to say "a sleeping giant has been Awoken."

In 1998 the club fielded three teams Division 2, Division 3 and an U/14 team. The club was again successful with the Division 2 team winning the division and thereby gaining promotion to the Premier League.

1999 was a watershed in the club's short history. The Premier league team won the championship which was a tribute to the players, the coach (Fabio Deluca) and all the hard work everyone involved at the club had put in. The Division 3 team won their division and the Reserves and U/14's had excellent seasons.

The club had also reached the crossroads in its' relationship with the senior men's club and important decisions needed to be made. As a result of the happenings of 1999 and the dramatic growth of the club it was evident to the women's club committee that new facilities had to be found.

After an extensive search, playing fields at Park 18 on the corner of Hutt Street and South Terrace were located. With the support of St. Aloysius College an extremely ambitious plan was put into place to develop, light and provide water to an area which could contain three pitches as well as improve the clubroom facilities.

In 2000 the club moved to its' new grounds. Seven teams were fielded including a second U/14 team and for the first time in South Australia an U/12 squad was formed. The club was embarking on an ambitious junior development program.

By this stage the club no longer needed to be linked to the men's club. A strong committee was in place and the decision was made to incorporate the club so as to make it eligible to apply for Government grants.

The club fielded (a record) eight teams in 2001 and in every division Adelaide City Women's Football Club finished in the top four places.

Season 2002 will go down as the most successful in the clubs short history. Indeed, it was probably the most successful season achieved by any club in the history of SAWSA.

In all 5 championships were claimed and the runners-up position was achieved twice. Our Premier team won the Premiership conclusively and the Reserves won their division, as did our Division 2 team and our U/14's and U/12's. The club's Division 3 (Development Squad) team finished runners up and so did our U/14 (Black) team.

*In the next newsletter read more about the developments the club has made in the last five years...*



## PRESIDENTS MESSAGE

I warmly welcome all new and existing players and supporters to the club.

I see 2010 as a year full of promise, one where the objective is to consolidate develop and improve.

Notwithstanding the difficulties and obstacles of recent years the Club has managed to move forward both in terms of performance and size.

The clubrooms are still a work in progress but advances are occurring, albeit perhaps not as quickly as we would ideally like. There are several reasons for this but the main one is that we have limited finance. It should be stressed that the clubroom development is only a possibility because of the fact that our architect works for nothing and our builder is performing the work at a costing which is about 50% of the usual commercial rate. The unfortunate downside is that progress is often delayed because the builder and his subbies must give priority to "full paying" projects. Unfortunately this is the reality and the "beggars can't be choosers" principle applies.

I am however confident that by the time you read this newsletter there will have occurred a significant acceleration of work and that we will have a fully operational clubroom very soon.

The clubrooms are clearly pivotal in terms of general morale, properly accommodating our players, providing appropriate shelter, providing a social facility and in operating an effective revenue generating canteen.

In playing terms we are building on a high achieved in season 2009 with the Premier and Under 17 teams winning their divisions and our Head Coach Edoardo Rosso being named FFSA Coach of the Year. All teams are training in preparation for the new season and I am very optimistic that 2010 will be another very successful year.

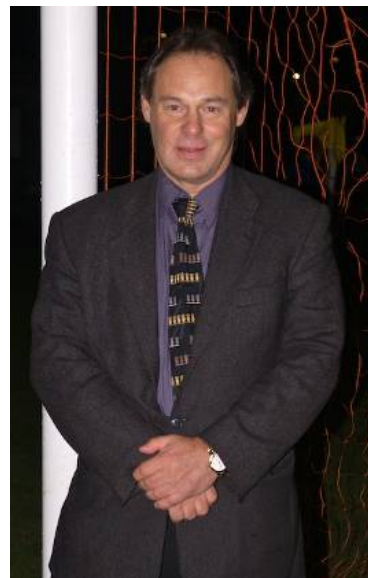
The committee is very conscious of the development of our young players who represent, after all, the clubs long term future. I am pleased to announce that additional developmental resources will be devoted to the junior club. The Committee has appointed Nick Pantsaras as the Junior Coaching Coordinator of the Club. Nick brings enormous capability and experience gained over 30

years of playing and coaching. He has been in the past and is presently coaching at senior men's level as well as coaching at girls and boys schools. We are very lucky to have him. Please make him welcome. In addition, Premier League team players will be regularly involved in junior team coaching under Nick's direction. There will also be specialist coaches introduced as often as possible to undertake training sessions.

I have said in the past and it bears repeating that this is your Club. Please take ownership of it and offer your assistance and support wherever possible. Always remember that those that serve the Club whether it be on the committee or as coaches and managers or helpers are all volunteers. There will always be times when mistakes are made [notwithstanding best intentions. When this happens please remain positive and supportive and remember we are all here for the same reason – the players!

If you are interested in helping in any specific way or perhaps by way of sponsorship please approach your team manager or a committee person.

I wish everyone a very successful, rewarding and happy 2010 season.



**Stefan Metanowski**  
**ACWFC President**

## STOP PRESS - REMINDERS

- The roof is now on the new clubrooms... This is great progress!
- Payment of fees and uniform distribution for Premiers, Reserves and Division 2 is happening on Tuesday 23 and Thursday 25 March. See Franca Di Bartolo. Cash or cheque only.
- Uniforms have been distributed to Under 17, 15, 13, 11 and 9. However some players are awaiting delivery of training tops and socks
- Any remaining fees from other team players should be finalised with Franca Di Bartolo ASAP
- Tracks suits and bags can be ordered at the home grounds at training sessions on Wednesday and Fridays. See Gill Kette.
- Good luck to all those teams participating in grading games over the next few weeks!



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## COMMUNICATIONS TO CLUB MEMBERS

Throughout the season we need to let you know about a whole range of things related to the club. We try to use the best method of getting the required information to all club members. This depends on the type of information, who needs to know and how urgent it is. It also depends on how often you check your emails, mobile phone etc. We have to assume that you regularly check your emails and mobile phone calls as it is impossible for us to customise communication for the large number of people in the club.

Here is a summary of the forms of communication we regularly use:

- General club information – on the club website
- Club progress, team reports and social activities - via the bi-monthly newsletters (published on the website and link emailed out)
- Important events and matters and reminders – via club email updates and team managers
- Requests for assistance – eg. Working Bees – via email and team managers
- Team information – rosters, games times, specific team changes etc. – via team managers
- FFSA information – depends on how critical the information is – usually via club email update
- Urgent changes e.g. late cancellations (training sessions or games) etc. – via email and SMS messages from team manager.

We urge you to take the time to read the information we send out to you and ensure that it is also passed onto your daughter.

We would appreciate any feedback for you in relation to what we can do to improve communication to club members. Please email Kim McColl on [Kim.McColl@sa.gov.au](mailto:Kim.McColl@sa.gov.au)



## FREQUENTLY ASKED QUESTIONS ABOUT THE CLUB

### What is the committee's role?

The role of the committee is to provide governance and direction and ensure that the club meets the rules and regulations set by a number of organisations. This includes requirements set by FFSA and State and Federal government requirements in relation to the management of junior sporting clubs. In addition the club needs to conform to the Adelaide City council requirements in relation to the use of the home grounds including water, buildings and lighting. The club also must meet the requirements to be classified as a volunteer organisation.

### How often does the committee meet?

The club committee usually meets monthly (with a short break over Christmas). An annual general meeting [AGM] to elect a new committee for next season is held each November and all club members are invited to attend. The final financial position for the club is also tabled at the AGM.

### What's the financial position of the club?

The committee believes that good financial management is very important for the ongoing viability for the club. Each year the club breaks even or has a small surplus and has no outstanding debts or loans. To a large extent we have Jan Hurley, the club treasurer to thank for this. She has done a fantastic job managing the club finances since she took over the role in 2007. As a result we have remained in the 'black' even with the loss of clubrooms and equipment in a fire in 2006 and two further losses of equipment due to break-ins in the temporary clubrooms onsite.

### How are the new clubrooms being funded?

A huge amount of time and effort by a number of committee members has gone into applying for government grants, obtaining free or low cost support/expertise from people in the building trade and seeking donation from sponsors. This is to avoid that club having to go into debt and therefore be a burden in future years. Funding for the new clubrooms is made up from the following sources:

- Adelaide City Council grants
- Reduced cost building materials
- Fire insurance from the original clubrooms
- Club funds raised during the year
- Donations from sponsors – time, materials and expertise

### What other funding/sponsorship does the club receive?

The clubroom development is supported by Goran Lovrinov, Gliderol, The Tripodi Group.

In addition Bianco providing training balls free of charge for all our teams every year. Top Corner Sports supply our uniforms at a discount and offer a discount to all club members who purchase sporting goods from them.

This year we have additional funds for apparel and equipment as a result of Nike vouchers the club received for being the Premier league and cup wins in season 2009.

We are also applying for Government water grants to assist us in the costs associated with watering the pitches. We hoped to be linked up to the council's reclaimed water program soon rather than relying on the bore we have.

**Should you have any further questions, please email Stefan Metanomski on [stefan.metanomski@courts.sa.gov.au](mailto:stefan.metanomski@courts.sa.gov.au)**

## HOME GROUNDS UPDATE



As you will all know by now, full training has re-commenced at the home grounds. We thank everyone for patience in organising trainings in locations other than the home grounds before this time. Getting the grounds ready for the season is a very important job that starts well before the games begin.

Over the last few years we have developed an approach that seems result in the pitches being in the best possible shape for the start of the season. It starts in the lead up to the season. When pre -season training commences in late January and early February we start preliminary work and rest the pitches. We usually cordoned off areas of the pitches (including the goals) to encourage the grass to establish itself. This is why we asked teams to conduct most of their early pre-season training on other grounds. This time around the Premiers had to use pitch1 for some pre-season trial games as there were no other suitable grounds available however keeping early usage as low as possible assists the recovery process.

We rely heavily on parents and players to assist us in getting the grounds in good shape. Before and during the season we have a number of working bees to ensure the pitches are up to playing level.

Thanks to hard work by a number of volunteers including parents, committee members and senior players who attended our first working bee a few weeks ago, I expect the pitches to be in better shape for the start of the season than ever before.

At this first working bee we worked on repairing the major areas of damage to the pitches. This involved moving around 10 tons of soil, and adding seed and fertiliser to it to encourage growth.

The week before last, we organised for deep coring, gypsum and slow release fertiliser to be applied to the pitches. The slow release fertiliser should be kicking in over the next week or two so we should start to see the pitches greening up considerably.

There is one station of pitch 2 (middle pitch) that is not working properly and we are in the process of repairing it. This is why the middle of pitch 2 is relatively dry at the moment. It should be sorted very soon and we expect it to green up quickly.

I would like to hear from any parents interested in volunteering for future working bees and assisting with marking the pitches through the season as line marking will need to be repeated during the season. If we can have around half a dozen people who can do this task, it will be less onerous. I look forward to working with you to make our grounds the best they can be this season.

Should you have any questions, please email Shaun McColl on [shaun.mccoll@adelaide.edu.au](mailto:shaun.mccoll@adelaide.edu.au)

**Shaun McColl**  
**Vice President**



# INTRODUCING ACWFC COMMITTEE 2010

**President** - Stefan Metanomski

**Vice President** - Shaun McColl

**Treasurer** - Jan Hurley

**Secretary** - Gillian Kette

**Club Co-ordinator** – Franca Di Bartolo

**Social Director** – Suzi Vladimirov

**Apparel Officer** – Franca Di Bartolo, Gillian Kette

**Canteen Manager** – Announced when clubrooms are completed

**Club Delegate** – Rob Wilson

**Sponsorship/Marketing** – Stefan Metanomski, Suzi Vladimirov

**Team Manager Coordinator** – Natalie Soulsby

**Recruitment Officer** - Mary Fabris

**Webmaster** – Shaun McColl

**Newsletter** – Kim McColl

**Senior Players Representative;** Vacant

**Grounds, Club security and Equipment Managers**

- John Hopwood, Michael Larecki & Shaun McColl

We say farewell to some long standing committee members and thank them for their hard work and dedication in giving up their free time for the club - Jacqui Whorlow, Tim Katianos and Belinda Ferrante. **Thank You!**



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## ACWFC COMMITTEE – IN ACTION FOR 2010

The club relies very heavily on volunteers to operate successfully. This includes the club committee members. The committee members gladly give up their time because they believe that a strong club support all the players and ensures that they get the most out of their football experience including building lifelong friendships and a sense of community.

The committee has been very busy getting ready for season 2010. Activities underway include:

- Purchasing team apparel – shirts, shorts, socks
- Preparing the grounds
- Finalising team details and submitting registration forms and fees to FFSA
- Collecting FFSA and club fees
- Co-ordinating coaches and team managers and assistants for each team
- Establishing specialist support staff e.g. Physio, trainers etc.
- Organising team equipment – balls, nets, practice bibs
- Organising team bags – games sheets, first aid kit, ice packs etc.
- Liaising with FFSA.

## INTRODUCING NICK PANTSARAS



We welcome Nick Pantsaras to the club this season.

As mentioned by ACWFC President Stefan Metanomski, Nick is taking on the important role of the Junior Coaching Coordinator for our club. Nick has extensive experience built up over 30 years of playing and coaching soccer. He is an ex SA super league coach and regularly runs coaching clinics throughout schools and community, and current coach for Melbourne Hellenic games.

Nick will be working with the Junior coaches to augment our specialist training program for junior development.

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## TEAM MANAGER UPDATE

Hi everyone and welcome to the start of season 2010.

For those of you who don't know me, my name is Natalie Soulsby and this is my second year in this role at Adelaide City. I have a daughter, Sheeny, who plays for the U13s. This is my 5<sup>th</sup> year with the club and I am looking forward to continuing in the club committee position of Team Manager [TM] Coordinator.



First of all I would like to thank all of you who have volunteered to be team managers for this season. I know that we have a few new parents who have agreed as well as some experienced Team Manager.

The team manager role is very important – you are the main coordination point between the coach, the players and parents for your team and the club. My role is to ensure that your job as Team Manager runs as smoothly as possible. I am contactable on 0412 328 879 and remember no question is a silly one!

I will be having a meeting with all Team Managers in the next few weeks so that we can get to know each other and go through the key parts of the TM role. I also have a club TM handbook to give to each of you that will be a useful reference guide as well as containing templates that you can use to assist you.

Just to reassure you it may seem like a lot of work to begin with but once you have set up everything for your team prior to the season officially starting things will settle down as everyone gets into the ongoing routine of training and games.

Look forward to working with you this season.

**Natalie Soulsby**  
**Team Manager Coordinator**



### Cafe Mykonos

Shop 9  
157 O'Connell Street  
North Adelaide SA 5006

Ph - 8367 0633

**Cuisine:** Greek

**License:** Licensed & BYO (Wine Only)



## SOCIAL EVENTS UPDATE

What anticipation there is for the opening of our Clubrooms. With that will come the start of a new social and fundraising era for the club. It is fair to say that we have been very limited in terms of social and fund raising events for the last 3 years with out clubrooms. Stay tuned to the activities and events that will follow as soon as we have a firm date set for the opening!!

There will of course be the end of season presentation night in late October or early November to be confirmed. With the focus on the new clubrooms no other events have been planned at this stage.

### Fundraising Activities for 2010

After much deliberation and consultation, the ACWFC Committee has agreed that for 2010, and until such time that we have a permanent spot to place our fundraising wares and a permanent canteen, we will be requesting a voluntary fundraising fee mid season. The fee will replace the many fundraising items we are urged to purchase and/or sell. (e.g. chocolates, lollies, headbands etc.). It is anticipated (this has not been decided yet) that the money raised will go towards enhancing the new clubrooms.

The Commemorative bricks to be laid at the front of the new clubrooms make up part of the fund raising for the new clubrooms. Thank you to those families who have already contributed to the new clubrooms. As soon as we know that the landscaping around the clubrooms will proceed, the bricks will be ordered. They will only take up to a week to be delivered. For players and families who have not yet ordered their commemorative brick, you still have time! The form and details are on the club website and can be completed and passed to your team manager or any committee member.

[www.acwfc.com/files/Documents/Commemorative\\_Bricks.pdf](http://www.acwfc.com/files/Documents/Commemorative_Bricks.pdf)

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## ACFWC COMMEMORATIVE BRICKS

Create a permanent record of your support that can be seen and appreciated for decades



### INDIVIDUAL BRICK / PAVER

Your donation of **\$35** or more entitles you to have your name engraved onto a brick as a lasting record of your valued support.

This will be permanently installed, part of our new Clubrooms.

**ONLY  
\$35**

**Adelaide City needs your support!!!!**



## HEAD COACH MESSAGE

Dear players, volunteers and club members,

Welcome to season 2010! There are some changes in competition format this year made by the Football Federation of SA [FFSA]. For those of you who were around last year – we are going back to the 'old' format of Premiers and Reserve league teams. For us this has meant running competitive trials, selecting 30 players and training as one unit for the first part of the pre-season training to select those who will represent us in the Premiers league this year.



The core group of Premier and Reserve teams is made up largely of players who were successful in the club two 2009 winning teams – Premiers and Under 17s. On top of that we have been lucky enough to recruit a number of quality players from other clubs, who are showing very promising signs and the right attitude to make an impression in black and white.

I take this opportunity to welcome once more everyone - our existing and well loved players as well as the new additions to the family. The Premier/reserve officials are: Edoardo Rosso (Head coach), Stefan Metanomski (Prem. Assistance coach), Anthony DiBartolo (Res. Coach), Renai La Rocco (conditioning coach), Ferry Cillessen (Prem Team Manager), Franca Di Bartolo (Res. Assist. Mgr/Assist coach) and generally an endless source of help for all sorts of matters and Helen Harpas (Physio).

Pre-season training started on Jan 12 has been going very well. The players have endured a hard workload but have shown a positive attitude, strong determination and motivation. These are important qualities for a football team and I am convinced that our players will be able to bring them out in those hard and decisive moments that will no doubt occur during the season.

A special welcome goes to Nick Pantsaras who has agreed to become our Junior Development Coordinator and will bring his extensive experience to our club. He will be an important asset for us, with a special view to the future. A profile of Nick is included in this newsletter as a way of introducing him.

It is wonderful to see the round ball rolling, the clubrooms taking shape, the players working well, everyone keeping a positive attitude and Adelaide City getting ready for another great season.

**Edoardo Rosso**  
**Head Coach**

**Go Adelaide City !!!**

### SPORTS TRAINER WANTED

#### QUALIFICATIONS

Level 1 Sports Trainer or equivalent

#### REQUIREMENTS

- Tuesday (senior teams)
- Wednesday (junior teams)
- Pre-season training
- Game day - Sunday

#### RENUMERATION

Travel costs will be covered

#### CONTACT

Gillian Kette, ACWFC Secretary  
82711716 [fegkette@esc.net.au](mailto:fegkette@esc.net.au)

### ACWFC Premier League Team 2010

Announcing the new Premier's team. There are some new players, some have more experience and some are younger, but together they will surely make a fantastic group and be competitive against anybody.

***It is a pleasure to coach these girls and I wish all of them the very best luck for their Premier League season.***

Michelle Male (Captain)  
Sandra Scalzi (V. Captain)  
Hayley Truskewycz  
Jodi Bruce  
Kondy Panagopoulos  
Elise Whorlow  
Rosie Gardiner  
Jessica Sedunary

Greta French-Kennedy  
Christina Papageorgiou  
Leanne Slater  
Katelyn Tucker  
Antonia Lupoi  
Alicia Nickolas  
Daniela Di Bartolo  
Chanel Thornton