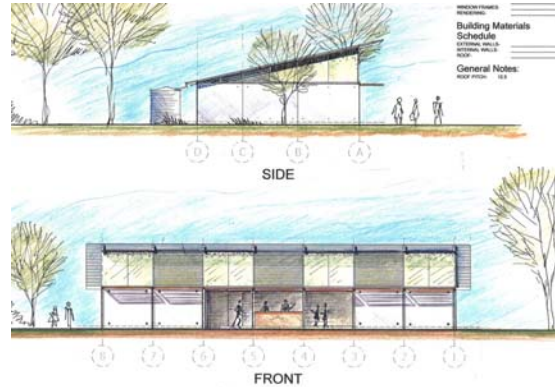




Celebrating 10 years on Hutt Street



NEW CLUBROOMS AT LOCKUP STAGE

We have come along way from 2006 to now:

- Fire destroyed the original clubrooms along with equipment and club memorabilia and history in 2006
- Plans for new club room drafted in 2007
- Obtained funds for clubrooms in 2007/2008
- Council/parklands approval - 2009
- Old clubrooms knocked down and concrete slab completed - 2009
- Frames up – Dec 2009
- Walls up – Jan 2010
- Roof on – March 2010
- Lock up – May 2010



Next stages:

- Adelaide council will release more funds
- Tilt up front doors installed and green Perspex replaced with louvers
- Internal fit out inside – kitchen, wet areas etc.
- Lay paving bricks & outside landscaping
- Grand opening – to be announced



Thank you to the generosity of Goran Lovrinov, Tripodi Group, Gliderol & Krov Roofing
- Our clubrooms are becoming a reality -

IN THIS ISSUE...

- New Clubroom at Lockup Stage
- Presidents Message
- Summary of Club Committee Meeting
- Premier, Reserves, Div 2, U15, U13 League Updates
- Team Manager Update
- General Information
- Farewell to a champion player - Sandra Scalzi

PRESIDENTS MESSAGE

I would like in this newsletter to focus upon and to congratulate the committee and volunteers at the Club. It is easy, without realising it to accept as a given, the enormous time and effort that many people within the Club devote. It is worth reflecting from time to time what it takes to keep a club of our size operating efficiently.

The committee meets once per month but many of the committee members spend at least 20 hours per week working on issues within their portfolios. There are meetings to attend, newsletters to be prepared, website maintenance, things such as strategic plans, codes of conduct and grievances procedures to be formulated, fundraising and sponsorship initiatives, player issues, FFSA communications not to mention other major responsibilities such as ground and facility development and maintenance.

In addition there are many who volunteer to help committee members in the performance of that mentioned above and many other miscellaneous necessities. Let's not forget the coaches, managers and trainers who attend training twice a week and on game day rain or shine and perform additional organisational and preparatory work when away from the Club.

We are so fortunate at our club to have dedicated, enthusiastic and self-sacrificing people who do this work without remuneration and without complaint or ceremony. They do so for the benefit of the girls who participate and because they love the sport and the Adelaide City family.

There are always countless things to do but not enough time, money and resources to do what we would like to do. There are so many initiatives we would like to implement and the Club has so much growth potential. If any Club member or supporter feels inclined to offer assistance in any way please do not hesitate, whether it be expertise or services.

The clubrooms are almost at lockup stage. An appraisal will then have to be made as to how far the money remaining will go towards the internal fitting of the building. We are in particular looking for assistance from anyone in the areas of tiling, paving, carpentry, plumbing whether it be expertise and/or materials.

For the kitchen which is the key to revenue raising and the social hub we need, amongst other things a large deep fryer, double door display refrigerator and coffee machine.

Please let me know if you can help in any way (contact number 0413188097).

A well equipped functional clubroom will make the world of difference to the enjoyment factor of all members and supporters. It will be fundamental to our continued development.

Please do hesitate to become involved in YOUR Club not only in the interests of the players but also for the personal satisfaction you will experience from contributing to a harmonious, happy, sporting family.



Stefan Metanomski
ACWFC President

CAN YOU HELP ...

We are in particular looking for assistance from anyone in the areas of tiling, paving, carpentry, plumbing whether it be expertise and/or materials.

Please contact Stefan Metanomski if on 0413188097 if you can help in any way



SUMMARY OF CLUB COMMITTEE MEETING - MAY

Below is a summary of the major items discussed at the last club committee meeting. If you have any questions please contact Stefan Metanomski [Club President]

Attendees: Shaun McColl, Stefan Metanomski, Natalie Soulsby, Franca Di Bartol, Suzi Vladimirov, John Hopgood, Mary Fabris and Gillian Kette.. Apologies from: Jan Hurley, Rob Wilson and Michael Larecki

- Clubroom progress – Doors and Perspex to be fixed soon. Once lock up is achieved a meeting will be held to assess funds remaining for internal fix. Communication to club members re: people with tiling/paving experience.
- Resolution of outstanding fees and some player refunds required.
- Concern that some teams not arriving in correct uniform for games. Follow up via Team managers and coaches required.
- Club delegate (FFSA rep) report tabled.
- Drafting of code of conduct underway. Draft grievance procedures in line with FFSA and government requirements tabled.
- E-mail communication updates have started this season. Need to check to see if everyone is getting them.
- Process to seek mid season donation from club members in lieu of the fund raising activities including the canteen/barbeque to be implemented.
- Additional sponsors have been obtained for the club. Sponsorship strategies underway including revamping sponsorship booklet and letters to send out to potential club sponsors. Players will be asked to obtain a sponsor. Club to obtain logos from a number of new club sponsors to display as appropriate.

JUNIOR LICENCE COACHING COURSE

DATE

Saturday 19th June 9.00am - 4.00pm
Saturday 26th June 9.00am - 4.00pm

LOCATION

Panthers Soccer Club
Galloway Road, O'Sullivan's Beach

FURTHER DETAILS

To enrol for this course and for further information please follow the link below

[http://coaching.footballaustralia.com.au/public/coaching/courseList.asp?courseID=2&name=Junior%](http://coaching.footballaustralia.com.au/public/coaching/courseList.asp?courseID=2&name=Junior%20)

SPORTS TRAINER WANTED

QUALIFICATIONS

Level 1 Sports Trainer or equivalent

REQUIREMENTS

- Tuesday (senior teams)
- Wednesday (junior teams)
- Pre-season training
- Game day - Sunday

RENUMERATION

Travel costs will be covered

CONTACT

Gillian Kette, ACWFC Secretary
82711716 fegkette@esc.net.au

PREMIER LEAGUE UPDATE

The Premier League team finished on a high last season winning both the league and the cup. This season will be a whole new challenge for us!

We unfortunately lost some players from last year, however we have gained some exciting new talented girls this season. Hayley Truskewycz is our new goal keeper and she has started the season off in good form. Chichi May has returned to the club and it feels like she never left, slipping back into the defence nicely; and Greta French-Kennedy is our speedy new addition to the midfield, working the ball well around the field.

Daniela Di Bartolo, Alicia Nickolas, Maddie Greaves, Isabella Scalzi and Georgia Mouzakitis are up and coming players who have made a great impression on the rest of the team with their enthusiasm and skill on the park.

From the five games our team has played, we have won three and drawn two. It was a rocky start to the season however the team is starting to work well together, playing the ball around with a good rhythm and high intensity. More recently, we have had some good wins - 3-0 against Cumberland and 16-0 against Campbelltown. We played against weaker opposition, but we played very well and we stuck to our game plan. These are good signs from the team.

The real challenges will come in the next few weeks, when we will play against Metro who always play a hard and physical game, very different from the previous week, and against Fulham, the current Premier League top team. We were successful in the first Cup round against Metro and have a second round coming up soon unfortunately against our own Reserve team.

Our team will face these games without our Vice Captain Sandra Scalzi who played her final game for the season 9 May 2010. Sandra will be travelling overseas and she will be incredibly missed by all of us. Her enthusiasm, skill and energy always makes for an interesting game and that is just one of the *many* reasons why she will be missed. We wish her well in her travels and look forward to seeing her again hopefully in 2011.

Without Sandra, the rest of us will have to step up even more for us to achieve the outcomes we have set our hearts on. If we keep working together like we have in the past few games and keep showing our never-say-die attitude...well, things will be interesting!

Now, as always, Go City!

Michelle Male - Premier League Captain

RESERVES LEAGUE UPDATE

This season the ACWFC Reserves team has high hopes, after displaying promising form from the onset of the year.

With a solid victory in the opening match, the girls set the ball rolling with a series of hard earned wins. The reserves team of 2010 comprises of a mix of young new talent, many key players from last year's U17 League winning team, and a few experienced senior players.

Since pre-season, the girls have physically worked hard to reach a level required to be tough on the ball, competitive in challenges, and fast off the ball. A combination of determination and strength has helped the girls to grow stronger as a team over the last month.

Coming back from 2-0 down to defeat Olympic |Reserves, who currently hold 2nd spot on the table, has inspired the girls to continue to work hard towards our goals. Under the coaching leadership of Anthony and Franca Di Bartolo, the girls hope to continue their undefeated streak in the Reserves Competition.

Go City!

Adele Guille



DIVISION 2 LEAGUE UPDATE

The Division 2 team is a group of strong, experienced and competitive players who are based around the senior Reserve players from 2009.

After a hard pre-season and some new additions to the team including some ex-Adelaide City players who were convinced to make a come back, the team had high hopes for the 2010.

Long time Adelaide City player Mim Luksa had stepped up as a coach/player for 2010 and bringing the team together was going to be a fun yet exciting challenge.



With some positive results from pre-season games, the team was working well together and had built up a solid structure and was ready to take on Division 2 with confidence. Unfortunately the difference between Reserves and Division 2 is a large adjustment with the Reserves League being based on a hard, fast paced passing game and Division 2 where although was skilful at times, the game play was largely around a long ball - chasing style and was also very aggressive which our girls were not accustomed to.

The team also suffered a massive loss of midfield player Laura Poli who will be having surgery on her torn ACL 0 10 June which was sustained during the second game of the season.

The girls played amazingly as a team but were not getting the results that they played for and in most cases deserved. After only 1 point from 7 games and being knocked out of the Cup in the first round, to say the team was disappointed is an understatement.

However, with the second round of the season starting on Sunday 31 May, the Division 2 team started with an outstanding game against South Adelaide Panthers and finally came away with a 4-0 win, with a goal from Teagan McLeod and hat-trick from Kaetlyn Brannigan.

So after a disappointing start to the season the team we look forward to starting each game as a new battle and we hope that the results will start to go our way for the remainder of the season. Good Luck to Laura for her upcoming surgery and as always... **GO CITY**

UNDER 15 LEAGUE UPDATE



The team is starting to come together well. There have been some good games and some not so good games but overall there is a lot of improvement both individually and as a team. Last Sunday's game was a satisfying 4 – 1 win Para Hill Juniors. The team is looking forward to the games coming up confident that the best is yet to come and we are hoping to do well in the Cup competition.

The girls are enjoying playing and training under Mary and Jon's excellent coaching. Comments from the players – 'Mary makes sure we concentrate on positioning while Jon concentrates on fitness especially when Mary is not at training!'

On Wednesday this week we participated in a special training session. Nick Pantsara coordinated with some of the Premier players to run a combined training session for our team as well as the U17 and the U13's. It was great fun as well as a good skills sessions and it was good to mix with some of the players from the other teams as well. Thanks to Nick and the premier players for given up their time!

UNDER 13 LEAGUE UPDATE

There are two Adelaide City teams in the Under 13 competition – Adelaide City White coached by Neville Hainke and Adelaide City Black coached by Lino Fusco. The teams work closely together training on the same nights and the same pitch during the week. Last Sunday the squad played a scratch match because both teams had a bye in their divisions. We would like to thank Nick Pantsaras, the Club's junior coaching coordinator for running an Under 13 squad training session last week. The girls and the coaches enjoyed it! The coaches saw some new technical drills to use (I think they enjoyed the break as well!) and the girls got a good workout.

THE BLACKS

The U13 Black side has made a positive start to the season recording one win, one draw and one loss in what is a very competitive division. The relatively young team has come together very quickly and is demonstrating a fantastic team spirit. This fantastic team spirit, combined with their ever increasing determination to play a passing game is making the U13 Black side very challenging for their generally more physical opponents.

The U13 Black side has come a long way in a very short period of time. This was demonstrated in their recent game against Para Hills East A. Para Hills have 3 teams in the U13 age group and this was their strongest side. The U13 Black side survived a first half onslaught from Para Hills in which the team barely crossed the half way line. Then, in the second half, the U13 Black side turned the game on its head by playing better football, outplaying their opponents to come from behind and take a well deserved 1-1 draw.

The U13 Black side is a fantastic group of girls who are keen to learn. They have a really friendly demeanour, a lot of character, a lot of determination and have made great strides in a quite short period of time.



THE WHITES

We have a few new girls to the club this year, and after a long grading introduction to the season, the girls have got to know each other and are playing well together as a team. We started the competition against a number of the strong sides in the division such as Cumberland, Fulham and Adelaide Uni 1 teams, and both Sedat Arkun (assistance coach) and I are very proud how well the girls have played.

The results speak for themselves, as the girls are still undefeated. Very importantly, the girls are enjoying their football, and are improving their skills and game techniques which is great to watch from the sideline. We like to thank Natasha Hainke who has been helping with team fitness running sessions with the players at some of our Wednesday night trainings. There is a great team spirit obvious with the girls consistently turning up to the two training sessions a week and their positive attitude on game day. We had a forfeit in the first round of the Cup competition so we are looking forward to the second round on 20 June 2010.

I would also like to add and I know that Louise Rigoni our Team Manager agrees that we have a great bunch of parents who support their children and very supportive of the coaching and management staff of the team. We are also getting great help from the parents with the various roster requirements such as: nets, line calling etc. This makes the coaches and team manager's jobs a lot easier.

U13 squad taking a break from a practice match played on Sunday 30 April.

TEAM MANAGER CO-ORDINATOR UPDATE

Well the season has finally started for all teams. Although some teams have been playing in their division for longer than others. I would like to thank all the team managers for being organised for the games. I think that there have been very few glitches which is always great to see. It does of course make my role that much easier!!! I just wanted to clarify a few points for everyone (spectators, parents, coaches and team managers) to avoid confusion:

As a club we made a decision that all spectators (every one other than the coach, assistant coach and team manager & any support staff i.e, trainers or physios) would stand on the opposite side of the pitch to the players. As the spectators are not allowed in the technical area anyway it was felt that this would make things easier for all concerned. I realise that not all clubs have taken this approach. However we would ask all teams to follow this process at all games.

The role of the "Ground Steward" a Football Federation of SA (FFSA) requirement still causes some confusion:

- OUR Ground Steward keeps OUR spectators in line. If anyone from the opposition team is behaving inappropriately – and that can be something like standing behind the goals – then whoever sees this happening must approach OUR Ground Steward and let them know and not approach the person concerned directly.
- It is then the role of our Ground Steward to speak to their Ground Steward who should sort out the problem. This process has been put in place by FFSA to avoid confrontation between spectators and opposing teams and put the management of inappropriate behaviour (as specified in the FFSA code of conduct) with the club .
- If the Ground Stewards from each team cannot resolve the issue then the team with the complaint fills out an incident report which is then sent to FFSA
- In the case of our club issuing a complaint the form is completed and sent to Franca Di Bartolo (bartolo_2@bigpond.com) add in email address ACWFC committee who will then forward it to FFSA.
- On most occasions incidents during games are dealt with at the point in time and require no further action. We are confident that our club members adhere to the code of conduct required for games so that everyone has an enjoyable experience at game time.

The only other reminder I wanted to mention was that of the kit – ALL the girls now have their playing strips which must be worn for the games. Please can you ensure that old kit is used for training only and not used fro games – this includes socks and shorts.

Many thanks and happy managing to the TMs!

Please remember that if you have any concerns or questions please feel free to call me.

Natalie Soulsby
Team Manager Coordinator





Cafe Mykonos

Shop 9
157 O'Connell Street
North Adelaide SA 5006

Ph - 8367 0633

Cuisine: Greek

License: Licensed & BYO (Wine Only)

ACWFC MERCHANDISE



Club bags are available for order. The bag has a separate compartment for soccer boots. Cost is \$50 with club logo and an additional \$5 for a name to be printed.

Please contact Natalie Soulsby via email for bags natalietom@internode.on.net

ACWFC Tracksuits can still also be purchased

Please contact Gill Kette via email for tracksuits fegkette@esc.net.au

ACFWC COMMEMORATIVE BRICKS

Create a permanent record of your support that can be seen and appreciated for decades



INDIVIDUAL BRICK / PAVER

Your donation of **\$35** or more entitles you to have your name engraved onto a brick as a lasting record of your valued support.

This will be permanently installed, part of our new Clubrooms.

**ONLY
\$35**

Adelaide City needs your support!!!!

www.acwfc.com/files/Documents/Commemorative_Bricks.pdf



FAREWELL TO A CHAMPION PLAYER

Long time Adelaide City Premier player, Sandra Scalzi is leaving the club (and Australia) to go overseas indefinitely. We wish her all the best for the future and overseas but we couldn't let her go without recognising the significant role she has played in the club over the years and we are hoping she will come back at some stage!

We asked her to give us some words about her time in the club: *I started as a guest player 11 years ago, I have remained loyal to the club ever since. Adelaide city is like my second home. The most memorable time at the club was last year when we won back to back (league and cup). We had a great season and a great bunch of girls. Victory couldn't taste sweeter. Winning was not only the best part but celebrating the long awaited victory with not just team mates, trainers, coaches and etc. but friends as well. The highlight of my playing history would be when I scored a hat trick for the United womens team. I'm going to miss all the girls at city and hope nothing but the best for the club and girls.*

We also asked for some words from club members who knew her and were overwhelmed with the response so apologies to everyone who sent a reply in - we can't fit them all in!

Stefan Metanomski: *I can say that Sandra is one of the most gifted players this State has produced. She has an ability that most players do not have and that is the X factor to produce moments of brilliance that can change a game. She has all the attributes of a top player, silky skills, speed, amazing determination and work ethic as well as taking the responsibility to lead from the front. In addition she is a quality person possessing great strength of character and loyalty to the club. She has been a wonderful role model at our Club. I hope she realises her dream overseas and when she is ready to return (I hope!) I will delight in again seeing her in a black and white shirt.*

Edoardo Rosso, Head Coach: *I have coached Sandra since 2005 and she is definitely one of the best players that I have worked with. She is naturally talented and very powerful, but perhaps the best quality of Sandra has always been her creativity. She is that type of player that you never want to substitute because you know that at some stage she comes up with something that no one else had thought about and solves the game. In my opinion, she has been consistently one of the top 5 players in SA since I have had her in my squad, and we will obviously going to miss her. I wish her all the best, and I am sure she will make other coaches happy if she goes on to play football overseas. Have a good one Scalzi!*

Helen Harpas, Club physio: *.From the perspective of being the physio – once she had a significant loss of skin on her left knee at one stage - I would dress it and tape it from week to week without complaint from Sandra. She was tough in relation to any injuries she had - not letting it get to her - as well as being entertaining to watch! Sandra was a delight to watch when she was playing as she would flick the ball, doing a little magic that set her apart from other players in the league*

Michelle Male, Captain of the Adelaide City Premiers team: *Sanda Scalzi has been the most influential player for me since joining Adelaide City. She made me feel so welcome when I first joined the premier league team and 6 years later, I was lucky enough to stand side by side with her as we lead our team to a double victory winning the cup and the league. You'll be missed Sanda Scalzi!*



SANDRA SCALZI