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Issue 1
March 2011

FAMILY FUN DAY 2011



On Sunday 20th February 2011 the first annual Family Fun Day was held at the Adelaide City WFC home grounds in Hutt Street. All players and their families were invited to attend the event.

A large number of club members, players and parents came out to show their support for the club, catch up with other players and parents and to think about the exciting season ahead.

The Fun Day was organised to mark the pre season start for the 2011 teams and give everyone a chance to get together before the season officially begins.

Mary Fabris (Club President) gave a short speech about what is planned for this season and wished all the players and teams the best of luck for season 2011.

Small sided games and activities were organized for the Under 9, Under 11, Under 13 and the Under 15 teams during the afternoon. The junior players were also introduced and mentored by the senior players from the Adelaide City Division 1 and Reserves team.

The Family Fun Day was a very successful and positive event and the committee hopes to continue this as a annual event to be held during pre season in the years to come.

**ADELAIDE CITY WOMENS FOOTBALL CLUB
IS THE FIRST INDEPENDENT WOMENS CLUB TO GAIN
ACCREDITATION WITH THE GOOD SPORTS PROGRAM
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PRESIDENTS MESSAGE

Welcome to Adelaide City Women's Football Club for the 2011 season. As a club, 2011 will be a year of challenges and hopefully many successes. Our aims for 2011 are simple;

1. Completion of the club rooms including fully functioning canteen and facilities

The clubrooms have been a long time coming but we're hoping that this year they will be finished. In the last 5 months there has been a lot of behind the scenes work by members of the Committee who have been talking to builders, architects, Council etc to resolve some of the previous issues and move the project forward.

2. Continued success as a club and across all levels of the Women's Football competition.

While success can be measured by the number of games won, goals for and against, winning the competition and or winning the Cup, we want our success to be more than that.

Success for our club is about players coming back from season to season and new players joining, it is about players improving their skills and abilities and the Club continuing to grow.

The club has a strong history and is one of the most successful in the women's competition.

2011 will see us build on that success. This year we are fielding nine teams in Under 9's (x1), Under 11's (x2), Under 13's (x1), Under 15's (x2), Division 1, Reserves and Premiers.

I am looking forward to working alongside a fantastic committee and everyone at the Club to ensure that the year ahead is a good one. This is our club and its success is dependent on all of us.

Mary Fabris
ACWFC President



TEAM MANAGER COORDINATOR UPDATE

Hi everyone and welcome to the start of season 2011 for ACWFC.

For those of you who don't know me, my name is Natalie Soulsby and this is my third year in this role at Adelaide City. I have a daughter, Sheeny, who plays for the Under 15's. This is my 6th year with the club and I am looking forward to continuing in the club committee position of Team Manager [TM] Coordinator (and also "Apparel Coordinator!").

First of all I would like to thank all of you who have volunteered to be team managers for this season. I know that we have a few new parents who have agreed as well as some experienced TM's. The team manager role is very important – you are the main coordination point between the coach, the players and parents for your team and the club. My role is to ensure that your job as TM runs as smoothly as possible. I am contactable on 0412 328 879 and remember no question is a silly one!

I will be having a meeting with all team managers in the next few weeks so that we can get to know each other and go through the key parts of the TM role. I also have a club TM handbook to give to each of you that will be a useful reference guide as well as containing templates that you can use to assist you. Just to reassure you it may seem like a lot of work to begin with but once you have set up everything for your team prior to the season officially starting things will settle down as everyone gets into the ongoing routine of training and games. I look forward to working with you this season.



Natalie Soulsby
Team Manager Coordinator



GOOD SPORTS PROGRAM

Adelaide City proudly announces that we are the first independent women's football club in South Australia to join and achieve Level 1 accreditation in the Good Sports Program.

Good Sports is a national sport development initiative of the Australian Drug Foundation and is in its 10th year now supporting over 400 community sporting clubs across Australia.



The aim of joining the Good Sports program is to highlight the club's important role in the community in helping to reduce alcohol related problems (e.g. binge and under age drinking and violence and other drink related problems). Once the new clubrooms are established the club intends to serve and sell alcohol under a liquor license to augment other club funding sources and contribute to keeping the club viable.

Good Sports will help Adelaide City be seen as a leader in the local and the soccer community with a strong focus on maintaining a safe approach to the serving and consumption of alcohol and improving an already family friendly environment through implementing safe – alcohol consumption and smoke free policies and processes.

Benefits to Clubs

- Safe club culture welcoming to families and junior
- More attractive to sponsors
- New and diverse revenues streams
- Increase in membership, volunteers and teams
- Improved relationship with community organizations
- Improved public image
- Reduced risk of liability
- Applications for funding and grants strengthened

Benefits to Communities

- Residents connected & satisfied with their community
- Reduced violence, noise, injury and damage to facilities
- Reduced road trauma and drink driving incidents
- Protect young people from the misuse of drugs
- Improved health and fitness of community members
- More viable and family focused sporting clubs

Mim Luksa from the club committee volunteered to be the club Good Sports representative. She has put a lot of time and enthusiasm into this process and is the main reason why we have achieved the accreditation.

Mim has completed the Responsible Service of Alcohol [RSA] training and is coordinating the implementation of policies and processes required to make sure we continue to be GOOD SPORTS! Good Sports assists us by providing relevant duty of care and risk management information, subsidised RSA training (we will need more people to complete this training once we have the clubrooms operational) and further resources such as signage for our clubrooms.

We believe that joining Good Sports is an important step in showing to our club members and the community that we are striving to provide a safe environment for everyone involved with the club.

During 2011 we plan to complete the much anticipated clubrooms and continue to keep our profile as a club with a proactive focus on development for junior players in a safe and social setting. The club also wants to ensure that senior players have an environment where they are able to compete at the highest possible level while contributing to the community and club.

For further information about Good Sports please visit www.goodsports.com.au



HEAD COACH - PRE SEASON REPORT

This new season will be an exciting and challenging one for our Premier and Reserve teams. Since the 11th of January, a group of approximately 30 players has been training together to make the "Premis" and Reserves for 2011.

While the Premis squad from 2010 remained mostly with the club, we have seen an important shift of players away from our 2010 Reserves and an exciting influx of young, talented, motivated and very skilful youngsters into our senior ranking this year. Many of them come from within Adelaide City, having played in our junior teams in the past, while others have joined us from other clubs looking for more structured opportunities for development. To all of you, a big, warm, welcome to the senior Premis and Reserves squad and my best wishes for the future. For what we have seen so far, these group can become the next exciting core of Adelaide City senior players and ensure a solid players' base to the club in the years to come.

As for the more established players that have been part of our past Premis squad, we are pleased to see that having taken both FFSA League and Cup in 2009 and 2010 did not alter the outstanding attitude and personality of our girls. The team has drawn upon its own mental strength in the past on many occasions, and I am confident that we will be able to do so again in 2011. They know, by now, that with the right attitude towards learning and training they can achieve incredible results. They know that working as a group implies sacrifices and frustrations, but can produce immense satisfactions as well. And, especially, they are all ready to put themselves in discussion every week to rise to the challenges that the season presents.

I also want to officially welcome the 2011 coaching and official staff who no doubt they will all be instrumental to an enjoyable season. We are indeed very fortunate to have such a well-prepared and experienced pool of coaches/officials to work with the Premier and Reserves teams.

Welcome to John Ebbs (Reserve Coach) and welcome back to Anthony Di Bartolo (Premiers Assistant Coach), Renai La Rocca (Premier Conditioning Coach & Reserves Assistant Coach), Franca Di Bartolo (Premier Team Manager), and Helen Harpas (Premier and Reserve Physio), Anthea Habel (Reserve Team Manager) and the Premier/Reserve Goal Keeper coach will be confirmed soon.

To all the club members, players, parents, members of the committee and supporters, I hope you can have a great season in the name of good football. Please enjoy yourselves, respect your team members and opponents, and value good-quality, intelligent, fast football.

GO CITY!

Edoardo Ross
ACWFC Head Coach



SHOE BOXES OF LOVE - QLD FLOOD VICTIMS



Adelaide City WFC would like to thank all players and their families who donated Shoe Boxes of Love during in January/February 2011.

The Shoe Boxes of Love were recently delivered to the charity distributor and once they arrive they will be shared amongst families who have experienced the devastating loss during the recent floods in Queensland

We encourage all players and families to remember future charity drives which are organised by the club as this not only encourages a strong positive community environment but also because it helps those around us in their time of need.



ADELAIDE CITY COMMITTEE 2011

ROLE

The role of the committee is to provide governance and direction and ensure that the club meets the rules and regulations set by a number of organisations. This includes requirements set by FFSA and State and Federal government requirements in relation to the management of sporting clubs. In addition the club needs to conform to the Adelaide City council requirements in relation to the use of the home grounds including water, buildings and lighting. The club also must meet the requirements to be classified as a volunteer organisation.

MEETINGS

The club committee usually meets monthly (with a short break over Christmas). An annual general meeting [AGM] to elect a new committee for next season is held each November and all club members are invited to attend. The final financial position for the club is also tabled at the AGM.

IN ACTION FOR 2011

The club relies very heavily on volunteers to operate successfully. This includes the club committee members. The committee members gladly give up their time because they believe that a strong club support all the players and ensures that they get the most out of their football experience including building lifelong friendships and a sense of community.

The committee has been very busy getting ready for season 2011 which will officially start on 27 March.

Activities underway include:

- Purchasing team apparel – shirts, shorts, socks
- Preparing the grounds
- Finalising team details, registration forms and fees
- Collecting FFSA and club fees
- Co-ordinating coaches and team managers
- Establishing support staff e.g. Physio, trainers etc.
- Organising team equipment – balls, nets, bibs
- Organising team bags – games sheets, first aid kit,
- Liaising with FFSA.

COMMITTEE MEMBERS

President - Mary Fabris

Vice President - John Hopwood

Treasurer - Louise Rigoni

Secretary & Registrar - Gillian Kette

Club Co-ordinator & Registrar - Franca Di Bartolo

Junior Development Coordinator – Mary Fabris

Canteen & Social Director - Mim Luksa

Club Delegate - Michael Burnett

Sponsorship & Marketing - Jane Rathjen

Team Manager Coordinator - Natalie Soulsby

Club Delegate to FFSA - Michael Burnett

Apparel Officer - Natalie Soulsby

Facebook Administrator - Mim Luksa

Players Representative - Hayley Truskewycz

Grounds, Club Security and Equipment Manager
- John Hopwood

In addition to the club committee there are a number of people who have roles assisting the committee:

Canteen – Helen Parsons

Clubrooms – Paul Sutton, Jon Athanasopoulos & Ferry Cillessen

Grounds, Security and Equipment - Ferry Cillessen & Jon Athanasopoulos

Member Protection Information Officer - Mel Calandro

Newsletter Editor & Communications - Kim McColl

Webmaster – Evan Bourlotos

There is always lots to do and we need all the help we can get!

If you are interested in helping the committee please contact Gill Kette (Secretary) - 0417 805 304



INTRODUCING..... Club Player Representative

We'd like to introduce Hayley Truskeycz who is the player representative on the club committee this season. Hayley is a very valuable and well respected senior player in the club.

Her role as the player representative on the committee is to provide the players perspective and represent the players if there are any aspects that they wish to raise with the committee.

This is an important role and we thank Hayley for volunteering to take this role on in addition to her player commitments with the club.



Under 15 Coach - Tony Mansueto

How did you become involved in football?

I started playing football a long time ago when I was 7 years old for Morphett Vale East Soccer Club. I started coaching when my kids Mark & Victoria started playing football for the U8's at Enfield City and I haven't stopped coaching since.

What is the most important thing for young players to learn?

The most important thing young players should learn is ball control & first touch. If you look at all the great players, they all have great ball control. All players (young & old) should have a ball at their feet as much as possible and don't be scared to experiment with new tricks & turns.

What is the most rewarding moment in your coaching career (so far!)?

For me personally it was in 2010 when my NWJSA Representative U13 Boys team won the SAJSA State Championships undefeated. As a coach the most rewarding moment in coaching is when you see your player's skills improve throughout the year.

Who is your favourite football player and why?

My favourite football player is Lionel Messi because his ball control and first touch is the best I've seen. He has the ability to split the defense with his runs and through balls.

When you are not coaching football what do you do?

At the moment I'm involved in football 6 days a week so I don't have much time to do anything else, but during summer I try to spend as much time as possible with my family.

Coaching experience

2005 – Enfield City U8 Boys
2006 – Enfield City U8 Boys
2007 – Adelaide City U9 Boys
2008 – Adelaide City U10 Boys
2009 – Adelaide City U11 Boys

2010 – Adelaide City U13 Boys
2010 – NWJSA Representative U13 Boys
2011 – Adelaide City U15 Girls
2011 – Croydon Kings U13 Boys
2011 – NWJSA Representative U16 Girls



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LISTED IN THE NEWSLETTER POSSIBLE**
Please visit our website for further information



SA GOVERNMENT GRANT FOR NEW CLUBROOMS



Government
of South Australia

Office for Recreation
and Sport

We are pleased to acknowledge the support from the Office of Recreation and Sport, SA Government in helping us get our new clubrooms up and running.

In January this year, the Club received a grant from the Office for Recreation and Sport under their Community Recreation and Sport Facilities Program. This grant will be used to complete the internal fit out for the new clubrooms to an operational stage. The grant will be matched, dollar for dollar by the Club, using money from the Adelaide City Council, donations of material and labour from our kind sponsors and any existing club funds put aside for the clubrooms. Obtaining this grant has been a huge morale boost for the club and has provided a much needed boost to funding. We are now confident that later this year we will have the clubrooms open for business!

It is worth noting that we will still need to source additional funding and/or support in kind to improve the clubroom facilities in the future. Thank you for your continued patience – we hope to reward it soon!

ADELAIDE CITY U15 WINS FFSA CUP CARNIVAL

The U15 ACWFC team took out the Under 15 Cup at the FFSA Under 15 & Under 17 Carnival held on the March long weekend. The team topped their group at the end of Day Two and finished the carnival undefeated with 2 wins and a draw. They beat Fulham 1 nil in the semi final and Panthers 2 nil in the grand final.



It was a great effort from all the players (and parents) who gave up their long weekend to play in the carnival. The effort was well rewarded. In addition to winning which was a big pre season boost for the players, it was a great team bonding experience and a fantastic family atmosphere.

Great coaching from Tony Mansueto with support from John Panagaris, Assistant Coach helped bring the players up to a new level with their soccer as they practised the new 1-4-3-3 formation. Also full marks should go to the players for their commitment and skills displayed on the weekend.

WE WANT YOUR INPUT FOR THE NEWSLETTER

The club newsletter is produced bi-monthly and the next issue is due in May 2011.

We plan to include progress reports from all teams in the May issue and more profiles of various club members.

If you have any club related photos, team or action shots please send to Kim McColl
kim.mccoll@sagov.au

We would also welcome any contributions or ideas you may have to improve the club newsletter.



SOCIAL EVENTS UPDATE

After a very successful Family Fun Day and the eager anticipation for the opening of our Clubrooms we are very excited at the possibility of future social activities and fundraising events.

It is fair to say that we have been very limited in terms of social and fundraising events for the last 4 years without clubrooms and we hope to change this in 2011 and for the future.

We are currently organising a Movie Fundraiser at Hoyts Norwood Cinemas and you will be hearing more about this from your team managers in the next few weeks.

We are also looking at organising a fundraiser in conjunction with the Ice Arena for later in the season which is not only a great time but it is also fantastic for team bonding I'm sure there will be lots of laughs!

There will of course be the end of season presentation night during late September or early October confirmed. Details about the presentation night will follow later in the season.

Please remember that the fundraising events which are organised are not limited to the immediate players and families of the club. We want you to invite as many family members, friends, school mates - anyone you can find to come out to help support the club and enjoy a great time out.

Stay tuned on all fundraising and club events via the newsletter, our website and also our new Facebook page for further information.

DON'T FORGET THE CANTEEN - The canteen is an important part of running the club and despite not having proper clubrooms we do have the equipment to set up a temporary canteen and BBQ on game days . Once all FFSA Fixtures are finalised and released we will be organising a roster for teams to help set up and run the canteen.

THIS IS YOUR CLUB AND WE NEED YOUR SUPPORT

If you have any ideas for fundraising or club events please feel free to approach Mim Luksa (Division 1 Coach & Social Events Manager) or any other committee members.

ADELAIDE CITY WFC MOVIE FUNDRAISER



**SATURDAY
7th MAY 2011**

HOYTS NORWOOD CINEMA

FURTHER INFORMATION WILL BE DISTRIBUTED VIA TEAM MANAGERS

