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HELLO TO OUR NEW SPONSORS

Adelaide City WFC would like to welcome our new sponsors to our club.

Quattro is the club's new Silver Sponsor for the Premier League and Reserve teams and their business logo will be proudly displayed on the Premier and Reserves match shirts. In addition to this Quattro will be supplying the club with some new kitchen electrical appliances for the internal fit out of the club room kitchen

Fumo Blu, Majella Wines and Scoozi Café are also the new team sponsors for the Division 1 Team. These sponsors will be supplying drink bottles, polo shirts and hooded jumpers displaying their business logos for the Division 1 players and team officials.

JP Support Services is also the sponsor for the two Under 15 teams

We would also like to acknowledge Chemplus Payneham who is a returning sponsor of the U11 teams and the club as well.

We thank all of our returning sponsors and warmly welcome the new sponsors to our fantastic club!



ADELAIDE AIRPORT CHARITY CUP 2011



The Adelaide Airport Charity Cup held at Hindmarsh Stadium on Wednesday 16 March 2011 saw Adelaide City WFC claiming their first piece of silverware for the season and stamping out their intentions to remain a dominant force in the Women's Premier League. A youthful Fulham United battled hard but Adelaide City experience saw them over the line to claim the Adelaide Airport Charity Cup.

Final score Adelaide City 3 (I. Scalzi, Sedunary, Di Bartolo) vs Fulham United 1 (Macri)

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8359 1500



Government of South Australia
Office for Recreation and Sport



CLUB ROOM UPDATE

No doubt you are all keen to hear how the new clubrooms are progressing. It has been a long process and still has a way to go yet. However we can report that we are making significant progress although from the club member's view (seeing the building) it may not look as though we are!

The ACWFC building sub-committee was formed towards the end of last year to manage the project. The members of the subcommittee are the Club Patron Joe Tripodi (Club Patron), Shaun McColl, John Hopwood (Vice President & Club Grounds and Security Manager), Club Grounds and Security Manager, Cristina Nadasan, Paul Sutton and Gill Kette (Club Secretary).

The sub-committee has been working tirelessly behind the scenes to resolve a number of issues and to progress work on the building. It has been a challenge to manage a project of this kind because a building in the Parklands, in a public space is subject to not only the requirements of the building codes but also additional specifications of the Adelaide City Council (ACC) and Adelaide Parklands Association.

The sub-committee have been working closely with the ACC to ensure all requirements are met. We are very grateful for the support and expert advice ACC has provided and continues to provide. A grant from the Office for Recreation and Sport at the beginning of the year has boosted our financial capacity to proceed with the build and also given us added confidence that the clubrooms will be completed in the near future.

However there is still a funding shortfall in relation to completing the internal fit out and we are looking for trade expertise that may assist in reducing the costs. Tiling, electrical, plumbing, Gyprock fix and flush, kitchen fit out, cabinetry, change rooms, painting etc, are all areas where contributions would be well appreciated.

Please contact Gillian Kette on 0417 805 304 if you can help.

We expect that very soon the clubrooms will be fenced off to complete the final external details. The internal fit out will commence soon after this has been completed.

We have a number of sponsors assisting us with the project and we would like to thank them all for their continued support. We would also like to acknowledge Joe Tripodi our club sponsor for his ongoing personal commitment to the project.

As a priority, it is important that we have a functioning kitchen in the new clubrooms as soon as possible as we need to generate additional funds to pay for the referee fees, grounds maintenance, electricity and water. All of these costs have increased this year. Qattro (Premier and Reserve Team Sponsor) will be donating a freestanding oven for the new clubrooms which will assist us in achieving this.

So as you can see there is a lot happening in relation to improving the club facilities. We look forward to telling you more soon.

CLUB PITCH LIGHT UPGRADE

Apart from the work to complete the new club rooms, the plans for this season include the upgrade of the lighting on the club pitches. This has become a reality due to the donation of the old Norwood Football oval lights via our Club Patron Joe Tripodi.

ACWFC would like to sincerely thank Joe and the Norwood Football Club for their generosity.

We are now in the process of assessing existing light poles and electrical capacity. The upgrade will occur after the functional completion of the clubroom and will be a welcome improvement for the lighting on all three pitches.

Iconic SANFL team Norwood Redlegs supports
Adelaide City WFC

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PREMIER LEAGUE - TEAM REPORT

The Premiers have established themselves as a force to be reckoned with over the last two seasons, consecutively taking home the League and Cup trophies with many convincing performances. This season, however, is quickly proving to be one of the closest we've had in a long time; bringing forward new challenges that have been embraced by all within the team.

The eve of the season brought about some new changes, with Leanne Slater making a move to Cumberland and Lauren Chilvers moving to Metro. Despite these losses we were also able to welcome some young talent to the club. Ellie Chapman has come from Cumberland and has demonstrated strong performances, asserting herself as a reliable addition to the backline. In addition to Ellie, we have also acquired Grace Henry all the way from New South Wales. Grace plays a crucial role defending while maintaining an attacking mindset that often places significant pressure on the opposition and only compliments the Adelaide City style of play.

It is also with great pleasure that we announce the return of Sandra Scalzi from overseas, and Greta French-Kennedy from injury. Greta has been training with the team, after missing out on the majority of last season and has demonstrated perseverance and dedication to get back to full fitness. She is steadily on her way to making regular appearances in the Premier Team.

Starting the season with a bye, we have played five games so far, winning four and losing one, bringing an end to our undefeated record from season 2010. After winning against Sturt Marion 5-0 and Fulham 8-0, our next match against the heavily recruited Adelaide Olympic, saw them come away with a 4-0 win. Despite the early loss in more recent games we have managed to re-focus and battle away, taking a well fought win against Metro. Ellie Chapman stepped up to take two penalties, scoring both, contributing to the 3-1 win. The most recent game saw us display classic City football; elegant, fast paced and attacking, taking three points away from the game with South Adelaide, with a convincing 10-0 victory.

Our ability to bounce back from a disappointing result is a promising sign of the team's commitment and dedication to the game. Always striving for more and not being satisfied with being second best will ensure we remain competitive throughout the season, and come away with the results.

Last but not least, Go City!!!

Hayley Truskewycz- Premier League Goalkeeper

CONGRATULATIONS

ACWFC would like to congratulate Premier League players, Daniela Di Bartolo and Grace Henry who have been selected into the Junior SASI team for 2011.

Grace Henry has also been selected to attend the final training squad for the U16 Junior Matildas which is held in Canberra at the AIS.

We wish Daniela and Grace the best of luck.



**PREMIER & RESERVE TEAM
PROUDLY SPONSORED BY
QATTRO**

2011 ACWFC Premier League Squad

1. Michelle Male (cpt)
2. Hayley Truskewycz (GK)
3. Chi Chi May
4. Ellie Chapman
5. Elise Whorlow
6. Grace Henry
7. Isabella Scalzi
8. Jodi Bruce
9. Rosie Gardiner
10. Christina Papageorgiou
11. Greta French-Kennedy
12. Sandra Scalzi
13. Daniela Di Bartolo
14. Antonia Lupoi
15. Katelyn Tucker
16. Chanel Thornton (RGK)



RESERVES - TEAM REPORT

After a couple of months running anywhere with hills, steps or sand to build fitness the team were very pleased to revert to training twice a week at the home grounds (Park 18) and start ball skills training.

Many of the players in this year's team have played at Adelaide City in previous seasons however we have welcomed a few players who have transferred from other clubs. The player blend of ages and experience is proving to be a strength for the team as we progress. Our trainer Renai La Rocco has been making sure the girls fitness and flexibility is being maintained each week. At training our coach John Ebbs seems to have a never ending selection of drills for various skills and makes it fun but competitive.

Despite our best efforts to arrange pre-season practice matches, the team only managed one match before the season commenced so we started a bit behind on match practice. To date we have played four matches with - two wins and two losses. We are all very keen to keep working on our game performance and to improve the results as we move through the season.

Anthea Habel - Reserves Team Manager

DIVISION 1 - TEAM REPORT

The Division 1 team has started 2011 very enthusiastically winning all of our pre-season games and our first three league games. After 3 very close losses we are currently sitting 5th on a very tight ladder.

As a team we have picked up some ex-junior players into our squad such as Anna Kerley, Kiara Parsons, Jess O'Brien and Issie Clifford. We hope to train and prepare these players to be ready to play in teams like the Reserves or even Premier League in the next few years!



These younger players have given the team a vibrant boost and the senior experience within the team is helping the players develop quickly. The "young 'uns" are certainly proving themselves at trainings and in games.

The team is very positive with the game style we are playing and the feedback we have been receiving from the sidelines, the referee and even the opposition has been great. We are very confident that we can continue to have a strong season and hopefully get to Hindmarsh for Cup Finals!

Mim Luksa - Division 1 Coach / Player

WE WANT YOUR INPUT FOR THE NEWSLETTER

The club newsletter is produced bi-monthly and the next issue is due in July 2011.

We plan to include progress reports from the U15 and U13 teams in the July issue and more profiles of club members so you get to know the friendly faces which are always around the club.

If you have any club related photos, team or action shots please send to Kim McColl
kim.mccoll@sa.gov.au

We would also welcome any contributions or ideas you may have to improve the club newsletter.



U11 TORNADES - TEAM REPORT

It was an enthusiastic start to the season for the U11 Tornadoes with a good game against Fulham United White although it ended with a 1-3 score in Fulham's favour. Well done Teea with the first Tornado goal of the season!

With many of the players new to the club, and some new to the game, it was great to see the team maintain their determination to hold Adelaide Jaguars to a scoreless draw away from home! Thanks also to the vocal support team i.e. the parents.



The final game before the April school holidays looked bleak with a grey, wet morning. The skills of this young team were certainly put to the test with a tough first half in the damp conditions. Nonetheless they came from behind to finish with a more respectable 4-6 loss to a stronger Cumberland United on the day. Well done to the defenders and to the whole team for rallying together and making a solid comeback. Scorers included Teea in a brace with Claudia and Tayla opening their City accounts.

Fresh from a break the team came back to play Para Hills East Black on yet another wet and wild day. The long drive out looked to be a waste due to a forfeit by the home side, however our coach Joe Maio decided a friendly game was in order. The Para Hills East team was assisted by the addition of a few of our players and the city team took the opportunity to practice with almost all of the team scoring goals. With the team's confidence on a high their skills can only continue to grow during the season under the guidance of their coach Joe Maio ably supported by assistant coach Lockton Morrissey.

Tina Fong - U11 Tornadoes Team Manager

TEAM MANAGER COORDINATOR UPDATE

Hi everyone and welcome to the second update of the 2011 season. Thank you everyone for all your hard work so far. I know the beginning of the season is always very busy but things have started to settle down now that the games are finally underway. Just a couple of reminders:

- Please remember to send a text message to Franca Di Bartolo on (m) 0402 052 468 with your team results by 5pm on game days. Please also include additional information e.g. if away teams did not provide a technical area, if there were no ground stewards
- It is important that they turn up for their games dressed in their full training kit. As a club we pride ourselves on our professionalism and having the girls wearing the same kit looks smart and professional.
- Also we have a number of team sponsors and part of the sponsor arrangements includes displaying logos on the uniforms at all times. More apparel is available for order – please see Club Merchandise details in this newsletter for more information.
- If you are playing away and there isn't a technical area marked out can you please use cones to mark out an area for the coach, yourselves and the players as this then ensures that the spectators do not stand near the players during the game.
- The team ground steward (a parent volunteer) plays an important role at all games in ensuring that the parents are standing on the other side of the technical area (if this is possible) or to the far side of the technical area if there is no place for them to stand on the other side of the pitch from the technical area.

Please feel free to contact me on (m) 0412 328 879 if you have any questions.

Natalie Soulsby - Team Manager Coordinator



U11 HURRICANES - TEAM REPORT

In March last year, things were looking quite grim for the Under 11's – we had a coach, only 6 players, no assistant coach and no team manager. Well, what a difference 8 months makes!

Pre-season trials in October 2010 saw 26 keen and enthusiastic girls try out for what would eventually be two very balanced Under 11 teams – the Hurricanes (coached by myself) and the Tornadoes (coached by my right hand man from 2010, Joe Maio).



As with 2010, my aim before the first game was to ensure the parents that they saw an improvement in the skills by the end of the season. So far, the season has started very well for the Hurricanes, with 4 victories from 4 games against Adelaide Uni, Adelaide Comets, South Adelaide and Para Hills East Red – conceding just ONE GOAL!

The girls have been simply sensational.....they talk a lot at training.....it just means that the volume of the whistle gets louder. But this translates to effective listening and putting into practice what is drummed into them at training. The team has been 'rock solid' in defence. In attack, they have been equally solid – putting the ball in the back of the net on 20 occasions.

The Under 11's (both the Hurricanes and the Tornadoes) were mascots at the recent launch of the FFSA season when our Senior Adelaide City girls took on Fulham United in a replay of last season's Cup Final. The girls enjoyed the experience – a big thanks to Joe and the Hurricanes' Assistant Coach for 2011, Ian Stone, for supervising the girls on the night.

Personally, I would also like to thank Ian for his efforts as assistant coach. He never lets me down when I can't take training for whatever reason. Also, I can't forget to mention the efforts of Soula Spyridonidis, our team manager. Everything is so organised in her capable hands – one less thing for the coach and assistant coach to worry about on game day.

Finally, I would like to express my gratitude to parents of the Under 11 Hurricanes – they support their daughters, they support me and they support the team as a whole. They are sensational. Thanks guys!

To the team - congratulations go out to you all for your efforts so far this season. We are all extremely proud of what you have achieved so far and look forward to a great season.

Lewis Pountis - U11 Hurricanes Coach

CONGRATULATIONS - SA STATE REPRESENTATIVES

ACWFC are proud to congratulate Claudia (U15 Red), Victoria (U15 Red), Chrissy (U15 Red) and Maddison (U13) for their selection and representation in the Under 13 Girls South Australian State Team.

The team competed at the FFA National Junior Championship which was held in Canberra from 18-20 April 2011. The final results included 1 Win, 3 Draws and only 1 loss. This was a great result for the team and all players involved.

ACWFC also have several players participating in the final stages in the U14 & U15 SA State trials. These teams have not yet been finalized. We wish all the players trialling the best of luck in their possible selection.



INTRODUCING.....

Reserves Coach - John Ebbs

Coaching Experience

My wife and I have 3 daughters and one son ranging from 11 to 26 years of age. I have been on the side of a football pitch for at least 20 of those 26 years coaching my children in various teams from youth to adult stage. In addition I have coached many other teams along the way in numerous countries throughout the world. Since 2003 I have dedicated a lot of my coaching time to promoting the growth of women's football here in Adelaide. All 4 of my children still play football today which means I will continue to coach and be part of the game for many more years to come!



What do you think is the most important thing for young players to learn?

Vision, Passion, Intensity and skill

Vision: read the play, know where every ball is going to be played, and move into the position within your area of play.

Passion: Love the ball - it is a beautiful icon. Feel 'the fire in your belly' for the game.

Intensity: Win every ball – 'a 50/50 tackle' means just that - it is all in the mind.

Skill: this should be developed at a young age to allow you to be more experimental as you mature. Make sure there are plenty of balls inside and outside your house.

What is the most rewarding moment in your coaching career (so far!)?

The most rewarding moment of my coaching career is when I teach a player the correct way to perform a move, and see the look and confidence soar in that player as they demonstrate and master the move in training or in competitive play.

When you are not coaching football what do you do?

Spend time with my lovely (ever so patient) wife and family. Oh yes and watching Everton!

Committee Member Profile - Club Secretary - Gill Kette

How and when did you become involved with the ACWFC?

During 2006 my daughter trained with the U13's. In 2007 both daughters played for the club and I was Team Manager for one of the U11 Hurricanes. I have now been a committee member for 4 years – covering various roles including newsletter editor and secretary



Why did you volunteer to be on the club committee?

I first got involved to raise money for the girls and the club – post the clubroom fire and I wanted to help promote equity access for women to soccer. I took on the role of newsletter editor and reinstated the club newsletter.

Describe your role on the committee

As Secretary I receive correspondence for the club (from FFSA and other outside organisations), promote the club in relation to trials and events and organise monthly committee meeting agenda, papers and minutes. I also collate club information and responses required by FFSA.

I am a member on the clubrooms sub- committee - organise meetings, agendas, minutes and communicating with main club committee and outside bodies. As Club Registrar, a role I share with Franca Di Bartolo, Club Coordinator, I complete the team and players registrations with FFSA (online) before the start of each season. In addition I take the team photos each year, assist in managing the team first aid supplies, review the newsletters prior to publishing and assist with any club events.



Member Protection Information Officer [MPIO] - Melissa Calandro

Our club along with other clubs is required by the government to provide a child safe environment. This is something ACWFC takes very seriously and committee decisions and our policies and processes (for example our code of conduct) reflect this view. Our obligations are outlined in government legislation including the Equal Opportunity and Child protection acts and in addition the Football Federation of SA [FFSA] also requires that we conform to their regulations as an associate member.

Under these obligations the club is required to have processes in place to manage any formal complaints received and report any breaches against the government legislation. ACWFC is required to appoint an MPIO and this person needs to complete the mandatory training. So we welcome Mel Calandro who has agreed to take on this very important role.

The MPIO's role is to work with any club member who has a formal complaint or grievance. They work with this person to make sure they understand the formal processes involved and what their rights and obligations are. They need to ensure that the complainant can make decisions based on being well informed. The MPIO also has an obligation to report any breaches against the government legislation.

It is important to note that the MPIO is not a judge or counsellor and most concerns that are raised by club members are effectively resolved through the normal club processes without requiring formal escalation. Once Melissa has settled into her new role, club members will be sent more information about the MPIO role and how it works.

Melissa Calandro began playing at Adelaide City in 2001 in the U14 team. As Melissa developed she quickly moved up within the ranks playing for numerous years in the Reserve and Premier League Teams. Melissa also competed in all Adelaide City Kanga Cup teams and winning the Kanga Cup U16 Trophy in 2004 and U18 Trophy in 2004 being major highlights. After a severe back injury Melissa was forced to stop playing but she still continued to support Adelaide City from the sidelines. In recent years she has been able to manage her injury and return to play as a Vice-Captain in the Division 1 Team at Adelaide City. In her personal life, Melissa will be graduating with her teaching degree from Uni SA this June and is currently completing her final practical at Paralowie R-12 School.



We believe Melissa is a fantastic ambassador for the club and her qualifications as a teacher will help her fulfill our requirements in providing a safe environment for all players and officials at Adelaide City.

SOCIAL EVENTS UPDATE

Thank you to all the players, parents and friends who attended the recent Movie Fundraiser held at Hoyts Norwood Cinemas. We had some great feedback from all who attended and this is certainly something which we will be looking at organising on an annual basis.

As previously mentioned we are currently in the process of organising another fundraising event at the Ice Arena for all players (and parents if they dare!). This is not only another opportunity to raise money for the club but an fun team bonding event. We are hoping to have this event organised during July or August but more information will be provided at a later date.

Also a massive thank you to all players and parents who have helped in the canteen so far. The canteen is an important part of the club on game days and we need any support we can on match days to set up the canteen and run it during the day.

If you have any ideas for fundraising or club events please feel free to approach Mim Luksa (Division 1 Coach & Social Events Manager) or any other committee members.



ACWFC CLUB MERCHANDISE



ACWFC has a large variety of Club Merchandise which is available to order.

If you are interested in purchasing any merchandise please see Nat Soulsby who is available at the club rooms on junior training nights.

If you have any questions please call Nat on 0412 328 879

ITEM	PRICE	DETAILS
Stubby Holders	\$10	Black with ACWFC Logo
White Socks with ACWFC logo	\$11	Available via order only
Black Training / Away Socks	\$11	
Beanie/cap	\$14	Woollen Beanie
Polar Fleece Scarf	\$18	
T-shirt	\$20	
Umbrella	\$35	Black and white striped with ACWFC logo
Hoodie Jumper (Version 1)	\$55	With name, logo and zebra on back
Hoodie Jumper (Version 2)	\$50	As above without zebra on back
Back Pack Bag	\$50 without name \$55 with name	Includes separate section for boots
Carry Bag	\$55 without name \$60 with name	Includes separate section for boots
Tracksuit	\$110 with name	Jacket & Pants can be ordered separately

